

**SPIRITUAL QUOTIENT IMPROVEMENT OF STUDENT'S
THROUGH FULL DAY SCHOOL PROGRAM AT SMP ISLAM
ANDALUSIA AND PONDOK PESANTREN AT-TAUJIEH
AL-ISLAMY 2 RANDEGAN, KEBASEN, BANYUMAS**



THESIS

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**Spiritual Quotient Improvement of Student's Through Full Day School
Program at SMP Islam Andalusia and Pondok Pesantren
At Taujieh Al Islamy 2 Randegan Kebasen Banyumas**

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ABSTRACT

Full day school is a school model integrating intensive Islamic teaching system by providing additional time for the deepening of students' religious sciences. Spiritual intelligence or spiritual quotient is the human intelligence in solving problems in a positive way. SMP Islam Andalusia implements Full Day School program to improve spiritual intelligence. SMP Islam Andalusia is a formal school integrated with pesantren At-Taujieh Al-Islamy 2, using a full day school system. Based on the research background, the research problems are: 1) How is the concept of full day school program at SMP Islam Randegan Banyumas? 2) How is the development of spiritual quotient (SQ) at SMP Islam Andalusia Randegan Kebasen Banyumas through full day school program?

The research objectives were: 1. Concept of full day school at SMP Islam Andalusia Kebasen. 2. Implementation of spiritual quotient (SQ) at SMP Islam Andalusia and Pondok Pesantren At-Taujieh Al-Islamy 2 Randegan Kebasen Banyumas through full day school program.

The type of this research was field research on the development of full day school to improve the students' spiritual intelligence at SMP Islam Andalusia Randegan Kebasen Banyumas.

Based on the discussion, the author concluded that the implementation of full day school at SMP Islam Andalusia Randegan Kebasen has been integrated with the curriculum of school, pesantren and madrasah diniyyah, the education system starts at 07.00-16.15 either at school or madrasah diniyyah and the students study at night at pesantren. The methods to improve the students' spiritual intelligence were through 1) an integrated curriculum between the school, pesantren and madrasah diniyyah, 2) fresh graduate, energetic, creative and competent teachers teaching at SMP Islam Andalusia, so that the subject materials can be well-delivered along with stories and motivations, 3) habituation of moral behaviors at school, madrasah diniyyah and pesantren, including shake hands before entering the classroom, dhuha prayer, reciting Al-Qur'an, tahajjud prayer, and dhikr.

Keywords: Full Day School, Spiritual Quotient, Integrated Curriculum.

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CHAPTER I

INTRODUCTION

A. Background

Education is an activity which aims to bring change for the community. Education in general means as business to grow and developing innate potentials, both physical and spiritual, accordance with the values that exist in society and culture.¹

The urgency of education as a necessity for a country to improve the quality of human resources, this is an accordance with Law No. 20 on of 2003 for the development of the learners' potential so that the become persons imbued with human values who are faithfull and pious to one and only God; who posses morals and noble character, who are healthy, knowledgeable, competent, creative, independent, and as citizens, who are democratic and responsible".²

Education can run well if the learning there is synergy among the educational factors. The educational factors that affect each other and can not be separated including, goals, teacher, students, educational tools, and environment.³

In practice, education in Indonesia has been going on for a long time, even long before Indonesia's independence, but the education has not been maximized. There are many smart people in Indonesia, but there are some who

¹ Choirul Mahfud, *Pendidikan Multikultural* (Yogyakarta : Pustaka Pelajar, 2013), hlm. 32

² *Ibid*, p. 44.

³ Hj. Binti Maunah. *Landasan Pendidikan*. (Yogyakarta: Teras, 2009), p. 167

have improper behavior and morals. According to Nusa Putra and Santi Lisnawati, Islamic Education (PAI) subject as one of the subjects taught at school substantially aims to nurture, guide, encourage, develop, foster pious (taqwa) human beings. Taqwa is a degree showing the quality of the human, not only in the presence of fellow human beings, but also in the presence of God.⁴

Maximizing Islamic Education (PAI) subject in public schools (Elementary, JHS, SHS/VHS) is expected to be able to increase the students' good morality (akhlakul karimah). But in practice, Islamic Education (PAI) subject in public schools is only taught for 2-3 hours each week, this is really an irony. Although Islamic Education (PAI) subject has not been optimal in public schools, but there is an encouragement for public schools to become excellent schools in the field of religion. There are several schools that implement full day school program.

Full day School is a school system with a boarding house, where students, teachers and school managers live in a boarding house within the school for a period of time. Full Day School is a school program where the learning process is carried out for a whole day at school. With this policy, the students spend more time and have more activities in the school environment. In the school environment, learners can interact with fellow learners, even interact with the teachers at any time. A good example can be seen directly and

⁴ Nusa Putra and Santi Lisnawati, *Penelitian Kualitatif Pendidikan Agama Islam* (Bandung: Remaja Rosdakarya, 2012), p.1.

continuously in their environment. Thus cognitive, affective, and psychomotoric education can be trained better and optimally to learners.⁵

The definition of Spiritual Quotient or Spiritual Quotient (SQ) according to Zohar quoted by Muchlisin Riyadi, is the quotient to solve the problem of meanings and values, that is quotient to put behavior and life in the context of broader and richer meaning, the quotient to judge that action or path one's life is more meaningful than the others.⁶

The existence of Full Day School program at school provides positive impact and role model from teacher to learners to improve student's spiritual quotient. The author is interested and has found one of the schools that implement the Full Day School program, namely SMP Islam Andalusia Randegan, Kebasen, Banyumas.

SMP Islam Andalusia is a formal education which integrates Pondok Pesantren At-Taujeh Al-Islamy 2 Leler Randegan village Kebasen subdistrict Banyumas regency by implementing a school system has a target of comprehensive (Kaffah) Arabic grammar mastery. The author is interested to conduct a research in this school because it has interesting activities, namely:

The concept of learning is integrated with Pondok Pesantren (Islamic Boarding House) so that the learners life in boarding house near the school complex. SMP Islam Andalusia Randegan, Kebasen, Banyumas uses Full Day School, where learning process is performed for a whole day both at school and

⁵(www.referensimakalah.com/2013/01/pengertian-ful-day-school.html?m=1 accessed on November 8, 2017 at 10.37 WIB)

⁶Muchlisin Riyadi, *Pengertian dan Pengukuran Kecerdasan Spiritual* (<http://kajianpustaka.com/2014/01/kecerdasan-spiritual.html>, accessed on November 9, 2017 at 22.13 WIB)

at Pondok Pesantren with emphasis on mastery of comprehensive Arabic grammar, including grammar, morphology, etymology and arabic vocabularies to reach the standard in Arabic skilled language, namely good grammar, good reading and good writing.⁷

Based on the background above, the researcher is interested and motivated to conduct a research entitled “Spiritual Quotient Improvement of Student’s Through Full Day School Program at SMP Islam Andalusia Randegan, Kebasen, Banyumas”

B. Operational Definition

In order to avoid misunderstanding in the definition of the thesisi entitled “Spiritual Quotient Improvement Of Student’s Through Full Day School Program at SMP Islam Andalusia Randegan Kebasen Banyumas”, it is necessary to affirm the definition of the terms in the thesis title as follows:

1. Full Day School Program

Full Day School is full day school or teaching and learning process implemented from the morning until late afternoon, starting at 07.30 a.m.- 4.30 p.m, with the break duration in every two hours. Full Day School is a program where the learning process is carried out for a whole day at school. With this policy, the student’s time and activities are spent more in the school environment.

⁷<http://andalusiakebasen.blogspot.co.id/2016/04/selayang-pandang-smp-islam-andalusia.html>, accessed on March 8, 2017 at 22.26 WIB)

According to Sismanto, Full Day School is a public school model integrating intensive religious teaching system by providing additional time for the deepening student's religious knowledge. The additional hours are usually allocated in the hours after dhuhur prayer to ashar prayer, practically this model school starts from 07.00 a.m. to 04.30 p.m.

From the definition above, it is concluded that Full Day School is a public school which integrates intensive Islamic teaching system by adding special time for the deepening student's religious knowledge. Full Day School actually has the same core curriculum as the other public schools, but it has local curriculum. Thus, the condition of students is more mature in terms of academic and non-academic materials. In general, Full Day School is established due to several demands, including: first, the lack of parents' time at home, especially because parents are busy outside their home (work demand). Second, there is a need for formalization of additional hours for religion subjects, the lack of parents' time at home will automatically reduce parental supervision of religion subject. Third, there is a need to improve the quality of education as an alternative solution to overcome the problems of education. Improved quality will not be achieved without the creation of a representative and professional atmosphere and educational process.⁸

2. Spiritual Quotient

Spiritual quotient is a person's ability to know God (ma'rifatullah). By knowing God, human being will succeed in their lives, not only in the

⁸www.referensimakalah.com/2013 accessed on Thursday, November 23 at 6.49 WIB

world, but also in the afterlife because they will start everything in the name of Allah, live their life in accordance with the commanda of Allah and leave the results to Allah.

Rasulullah SAW in a hadith declared that quotient people are those who are able to control their desires and eager to fulfill religious orders as preparation for facing the afterlife. Rasulullah SAW said:

الْكَيْسُ مَنْ دَانَ نَفْسَهُ وَعَمِلَ لِمَا بَعْدَ الْمَوْتِ

“Quotient person is the one who can control his desires and always performs good deeds for what comes after death.” (H.R Tirmidzi)

That is the definition of spiritual quotient, the true quotient built by religious commitment that is oriented toward the preparation of life after death. A person with spiritual quotient has a high religious spirit, which will live up all the things in his life.⁹

A person's spiritual quotientis defined as a person ability to have transcendent skills, a high awareness to live a life, using spiritual resources to solve life problems and virtuous. He is able to have good relationship among God, human beings, nature and himself.

People who are spiritually quotient will work hard and leave the results to Allah. These people work sincerely. They are only noble in the sight of Allah. They are aware that human praise will only be misleading and temporary. They want to learn, both from success and failure.¹⁰

⁹ Muhammad Albani, *Mencetak Anak Penyejuk Hati*. (Solo: Kiswah Media, 2011) p.26-27

¹⁰ Wahyudi Siswanto, *Membentuk Kecerdasan Spiritual Anak* (Jakarta: Amzah, 2010) p.

3. SMP Islam Andalusia Kebasen

SMP Islam Andalusia Kebasen is a formal education which integrates Pondok Pesantren At-Taujeh Al-Islamy 2 Leler Randegan village sub-district Banyumas regency by implementing the school system called The Real Boarding School.

The concept of learning is integrated with Pondok Pesantren (Islamic Boarding House) so that the students live in boarding house near the school complex. SMP Islam Andalusia Kebasen uses Full Day School, where learning is performed for a whole day both at school and at pesantren with emphasis on mastery of comprehensive arabic grammar, including arabic grammar, morphology, Etimology, and Arabic vocabularies to reach the standard in Arabic skilled language, namely good grammar, good reading and good writing.¹¹

C. Problem Formulation

Based on the above background, the problem formulations proposed in this research are:

1. How is the concept of Full Day School program at SMP Islam Andalusia Randegan Kebasen Banyumas?
2. How is the implementation of spiritual quotient (SQ) at SMP Islam Andalusia and Pondok Pesantren At-Taujeh Al-Islamy 2 Randegan Kebasen Banyumas through full day school program?

¹¹<http://andalusiakebasen.blogspot.co.id/2016/04/selayang-pandang-smp-islam-andalusia.html>, accessed on March 8, 2017 at 22.26 WIB

D. Research Objective and Benefits

1. Research Object

This research aims to describe the implementation of Full Day School program to improve students' spiritual quotient at SMP Islam Andalusia Kebasen.

2. Benefits to be achieved from the research are:

a. Theoretically

This research is expected to increase knowledge for education in general and for teacher in particular, in order to improve the quality of education by creating and maintaining optimal learning condition for students through quality school programs.

b. Practically

1) For schools and class teachers, this research can be used as a reference in preparing better educational and teaching programs.

2) For the author, it can be used as a study material and information, especially in terms of research and provides meaningful experience as a provision when becoming an educator.

3) For the readers general, it can be used to improve insight about Full Day School program as a study material for students' or other parties who want to conduct a more in-depth study of the same object.

E. Literature Review

1. Relevant Research

The research on Full Day School program at SMP Islam Andalusia Kebasen to improve the students' spiritual quotient is not a new research, there were several researches in the form of thesis about the same them as this research, several previous research are as follows :

First, the research conducted by Sarriyan Kustiningsih, a students of Tarbiyah Department of IAIN Purwokerto, in the form of a thesis entitled "Implementation of Full Day School Program in Forming Students' Morals at Madrasah Ibtidaiyah Muhammadiyah Karanglo, Cilongok". This thesis has similarity about full day school program as school activities, but Sarriyan Kustiningsih's thesis was conducted at MI (Islamic Elementary School), while this research will be conducted at SMP (Junior High School).

The conclusion of the thesis Sarriyan mention that the implementation of full day school in the program of education as preventive measures against children in order to avoid the negative things that can happen.¹²

Second, the research conducted by Nia Kurnia, a student of Tarbiyah Department IAIN Purwokerto in the form of a thesis entitled "Spiritual Quotient Method to Early Childhood at Ar-Rosyid Play Group Kranji East Purwokerto Academic Year 2012/2013.

In the research, Nia concluded that the teacher's attention to spiritual quotient aspect of early childhood at Ar-rosyid play group can be seen from

¹² Sarriyan Kustiningsih, *Metode Kecerdasan Anak Usia Dini di Kemompok Bermain Ar-Rosyid Kelurahan Kranji Purwokerto Timur Tahun Pelajarab 2012/2013*. (Skripsi STAIN Purwokerto, 2013), p. 83.

school programs, such as morning activity, imtaq center in developing children's spiritual quotient, and teachers in teaching and familiarizing Islamic values.¹³

Third, the research conducted by Amelia Prahastiwi, a student of Islamic Education Department of IAIN Purwokerto entitled "Development of Spiritual Quotient Through Playing, Story and Singing (BCM) method at RA Diponegoro 70 Margasana Jatilawang Sub-District Banyumas Regency". In her thesis, Amelia discussed the spiritual quotient found in early childhood. While this research discusses about full day school program to improve students' spiritual quotient.¹⁴

F. Systematic Discussion

To facilitate the writing and discussion of this thesis, then the researcher compiles the thesis sistematically consisting of five chapter, with the description as follows:

Chapter I, describes several things related to the general description of this research, including: background, affirmation of terms, problem formulation, research objective and benefit, literature review, systematic discussion of thesis.

¹³ Nia Kurnia, *Implementasi Kecerdasan Spiritual pada Metode Bermain, Bercerita dan Bernyanyi di RA Diponegoro 70 Margasana Kecamatan Jatilawang Kabupaten Banyumas*, (Skripsi IAIN Purwokerto, 2009), p.62

¹⁴ Amelia Prahastiwi, *Pengembangan Kecerdasan Spiritual Melalui Metode Bermain, Cerita, dan Menyanyi (BCM) di RA Diponegoro 70 Margasana Kecamatan Jatilawang Kabupaten Banyumas*, (Skripsi STAIN Purwokerto, 2010), p.70

1. Chapter II, will present research variables and research theories about Full Day School program at SMP Islam Andalusia Randegan, Kebasen, Banyumas to Improve students' spiritual quotient. The first sub-chapter contains the concept of Full Day School program, including the definition, Full Day School goals, development of Full Day School, Supporting and Inhibiting of Full Day School, advantages and disadvantages of full day school, strengthening full day school program to increase the value of religiosity. The second sub-chapter contain Islamic Boarding School (Pesantren), including definition of Boarding School (Pesantren), Elements of Pesantren, role of Pesantren in Islamic Education, Criteria of *Kyai* and learning at Pesantren. The third sub-chapter contain Spiritual Quotient (SQ), including definition of spiritual quotient, definition of intelligence quotient, definition of emotional quotient, urgency of Spiritual Quotient (SQ), to develop identity in the adolescent to adult phase to improve IQ dan EQ, and the benefit of developing spiritual quotient, the third sub-chapter contains improving spiritual quotient, including improve Spiritual Quotient (SQ) according to expert, examples of the application of spiritual quotient in everyday life, indicators of sucesoessfull improvement of spiritual quotient, the fourth sub-chapter contains the way of improving Spiritual Quotient (SQ) Through Full Day School including improving Spiritual Quotient on Full Day School, the way improving of spiritual quotient.

Chapter III discusses the research methods, including: type of research, setting research, source of research including research subject and object,

data collection technique including observation, interview, documentation, data analysis including data reduction, data display and data verification.

Chapter IV contains discussion of research results and the researcher's discussion on Full Day School program (the real boarding school) at SMP Islam Andalusia Kebasen to improve the students' spiritual quotient. This chapter will present about (A) general description of SMP Islam Andalusia Kebasen including background of the establishment of SMP Islam Andalusia Randegan, Kebasen, Banyumas, identity of SMP Islam Andalusia, Geographical Location, Vision and Mission, Organizational Structure, Condition and Activities at SMP Islam Andalusia Kebasen (B) Data Presentation (D) Analysis Results.

Chapter V contains the closing of this research which is the researcher's moral responsibility, so that the researcher provides related conclusions personally and institutionally. This chapter contains conclusion, suggestion and closing. Then, it is listed references, attachments and researcher's curriculum vitae at the end of the thesis.

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CHAPTER V

CLOSING

A. Conclusion

Based on the research conducted by the author on implementation the students' spiritual intelligence through Full Day School program at SMP Islam Andalusia Randegan Kebasen Banyumas by collecting data from various sources, presenting and analyzing the data described above, it can be drawn the conclusions as follows:

1. Full Day School Program at SMP Islam Andalusia and Pondok Pesantren At-Taujiah Al-Islamy 2 (The Real Boarding House) is a public school which integrates intensive Islamic teaching system by adding special time for the deepening student's religious knowledge.
2. Spiritual Quotient (SQ) is an intelligence reflecting the soul of a person and becoming the foundation of one's intelligence.
3. The way implementation Spiritual Quotient through Full Day School are :
 - a. Curriculum. The curriculum of SMP Islam Andalusia is a curriculum integrated with the curriculum of pesantren At-Taujiah Al-Islamy 2.
 - b. The teachers of SMP Islam Andalusia are fresh graduates, energetic, creative and competent in their fields. Thus, the subject materials can be taught through good delivery using stories and motivations.
 - c. Habituation of students' moral behaviors at school, madrasah diniyyah and pesantren to improve students' spiritual intelligence, some

alternative way in applying habituation in this school are shake hands before entering classroom, dhuha prayer, reciting Al-Qur'an, tahajjud prayer, dzikr, studying yellow books, and night study.

B. Suggestion

From the above explanation, to improve the students' spiritual intelligence through full day school program at SMP Islam Andalusia Randegan, Kebasen, Banyumas, the author provides the following suggestions:

1. The principal of SMP Islam Andalusia Randegan Kebasen Banyumas should keep improving full day school program both at school and pesantren, so that the students can develop their spiritual intelligence well.
2. The caretaker of pesantren At-Taujeh Al-Islamy should always guide, monitor and teach religion for the santri, it will be a provision for santri to contribute in society so that they have an important role in society.
3. The community, especially the guardians of santri who are generally the community around the environment of SMP Islam Andalusia Kebasen and Pesantren At-Taujeh Al-Islamy 2 should support the students in learning sciences and religious knowledge.
4. Based on the discussion on spiritual intelligence and full day school implemented at SMP Islam Andalusia Kebasen, the readers should directly follow the examples of their teachers and learn the science of religion well

with an integrated curriculum between school and pesantren (boarding school). Spiritual intelligence helps one to solve a problem from the positive side, so that the problem can be solved and tend to see a problem from its meaning. Knowledge of religion obtained by the students should be used as a benchmark in addressing a problem so that they can be a wise people in their life.

5. For the research, the discussion of this research should be used as a reference, so that the full day school program can develop to modern era in the future, without eliminating the element of the school authenticity and *salaf* system of pesantren.

C. Closing Word

Alhamdulillah *rabbil 'alamin*, the author prays to Allah SWT, as an expression of gratitude for all of His *rahmat*, *taufiq*, and *hidayah*, so that this thesis can be completed. The author realizes that this thesis is not perfect, thus the author expects any constructive criticism, guidance, and suggestion from all parties to improve this thesis. Finally, by asking *ridha* to Allah SWT, the author hopes this simple work may provide benefits and knowledge for the author herself, readers, researchers, and community in general. Amiin.



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